

# tobago

Often twinned with neighbouring island Trinidad, this tiny island republic is one of the most southerly in the Caribbean chain. Tobago is only 26 miles long by 7 miles wide, yet offers visitors much with its unhurried lifestyle, lush tropical scenery and choice of activities. The center of the island provides wonderful trekking terrain through tropical rainforest to spot exotic birds and wild flowers. As a complete contrast, the western edge of the island is low and flat; a classically Caribbean landscape of swaying palms, secluded half-moon bays and white sand beaches. The islanders welcome visitors to this peaceful island. A trip to the Capital, Scarborough, to see the colourful markets or the Carnival with its calypso and steel bands is a must.



## Fact File

**Best Time:** December to July.

**Launch:** Sandy beach with a few coral heads inshore. Surf boots recommended.

**Wind Direction:** Cross shore from right.

**Wind Type:** Tradewind and local thermals. Most constant November to January.

**Shorebreak:** None.

**Water Conditions:** Flatwater.

**Suitability:** All levels.

Wind >=4kft in%	jan	feb	mar	apr	may	jun	jul	aug	sep	oct	nov	dec
Air°C	28	28	28	29	30	29	29	30	30	30	29	28
Water°C	27	27	28	27	26	24	23	22	23	23	24	26

## RADICAL SPORTS WINDSURF CENTRE

Radical Sports Tobago, right on the beach at the end of Pigeon Point. Clean wind with shallow water out to edge of Bucco Reef. Secret wave location, superb surfing. Rescue boat.

**Kit Range:** Mistral/Starboard – North/Tushingham.

**Board Hire** 1 wk £169 2 wks £275

## RADICAL SPORTS IKO CENTRE

Lambo Beach - shallow training area for beginner. Small breaking waves on to wide, sloping, sandy beach. Pigeon Point inside Reef – shallow lagoon for improvers. Slightly gusty winds in some areas. Storage available. Kite rental is not available.

**Instruction:** All levels.

**Other Sports:** Diving, Cycling, Surfing, Sailing, Tennis, Trekking, Horse Riding, Golf.

**Excursions:** Jeep safari, exploring the rain forest, boat & snorkelling trips. Live music, local bars & restaurants with Creole cuisine. Scarborough market & Carnival.



## Sailing Spot & Conditions

On a good day, mainly from December through to June, the conditions are some of the finest in the Caribbean. At Pigeon Point is a protected by Bucco Reef which lies up to one and half miles off one of the best beaches in the Caribbean. Inside the vast lagoon, the flat, crystal clear, shallow water is a sailor's dream. This is ideal for beginners or speed sailing. On the outside, when the conditions all come together, the swells can rival those on the North Shore of Maui. For kiting, the island has several spots. Lambo Beach for beginners and Bucco Lagoon for improvers and for practising tricks. If you are looking for a location for mixed abilities or families Pigeon Point is ideal.



## Conrado Beach Resort



**Location:** 10 minutes walk to Pigeon Point and approx 5 minutes from the airport, directly on the beach.

**Accommodation:** This informal, family Inn offers relaxed Caribbean hospitality. 31 simply furnished, air-conditioned rooms all with ensuite shower/WC, cable TV. Superior Oceanview rooms have a large balcony with superb seaview.

**Facilities:** Breakfast and Caribbean style meals are served on the terrace, overlooking the beach, meters from the sea. Free wireless internet. Calypso Reef is the in house restaurant and Lands End bar with great Rum Punch cocktails.

**Windsurfing/Kitesurfing/Diving:** Radical sports Windsurf & kitesurf 10 minutes walk to end of Pigeon Point. Undersea Tobago diving centre at nearby Coco Reef just a few minutes walk away.





### Kariwak Village



**Location:** Located 5 minutes from the airport, beach and a few shops. A relaxing oasis close to the lively Crown Point area.

**Accommodation:** Family run hotel with 24 well appointed air conditioned rooms with own private bathroom and patio, 18 of which are around the swimming pool and the remaining 6 set amongst the gardens. All rooms are equipped with a safe, a radio alarm clock and DD telephone.



**Facilities:** Open air restaurant with Caribbean ambiance. Holistic therapies including Yoga and Tai Chi, Waterfall Jacuzzi and plunge pool. Artwork and sculptures on show from local artists.

**Windsurfing/Kitesurfing:** Radical Sports Windsurf centre and IKO centre are a few minutes drive by car.



### Coco Reef Resort



**Location:** Located in an idyllic situation on Coconut Bay overlooking a white sandy beach and 10 minutes from the airport near Crown Point.

**Accommodation:** Coco Reef is a quality hotel with excellent facilities. 135 rooms comfortable air-conditioned rooms decorated in Caribbean style each with telephone, TV, minibar, bath, shower and balcony or terrace. Superior Garden Rooms have garden view. Deluxe Oceanview have sea view. One bedroom suites have a separate living room with sitting area. Villa Suites also available. The hotel reflects an air of elegance, enhancing the charm and hospitality that Tobago has to offer.

**Facilities:** Two restaurants, Tamara's with international buffet and Bacchanals, beach side bistro and bar serving Caribbean style food and snacks during the day, a main bar with music in the evenings, swimming pool, fitness centre, tennis, watersports including



Sunfish sailing, kayaks and snorkelling, Diving centre, a Spa and shops.

**Windsurfing/Kitesurfing:** Radical Sports windsurf centre at Pigeon Point and IKO centre close a few minutes by car. Transfers available.

Prices (7 nights) from:	Low	High
Conrado Beach Resort	£649	£889
Kariwak Village	£769	£1009
Coco Reef Resort	£1039	£1169

Price includes return flights, accommodation & transfers.



### Diving

Tobago also offers some of the finest diving of all Caribbean destinations. Rich nutrient currents flowing from the coasts of South America attract a huge range of sea life. See manta ray, barracuda, dolphin, giant sea turtles even Whale Sharks. Wrecks, pretty reefs & the largest brain colony in the region. Easily accessible diving for all levels. Undersea Tobago – based at the Coco Reef Resort – offers PADI open water course, daily dives and dive packages. Call for details.