

# lanzarote

Lanzarote is situated 120km off the coast of Africa and is the most easterly of the Canary Islands. This beautiful island was formed millions of years ago as a result of now dormant volcanic activity full of contrasting, stunning landscapes. Protected by UNESCO it is a World Biosphere Reserve with careful tourist development whilst conserving the island's natural environment. Multi-talented artist Cesar Manrique was an influencing architect and his work can be seen all over the island where many artists have settled for the unique light. Costa Teguiise is a lively tourist resort but with no high rise buildings. Whitewashed buildings with green shutters are home to a superb choice of restaurants and bars all within walking distance. Golden sandy beaches, year round sun and easily accessible sailing and surfing make it a great choice with something for everyone..

## Fact File

**Best Time:** All year round. Unique winds May to September.

**Launch:** 600m sandy beach.

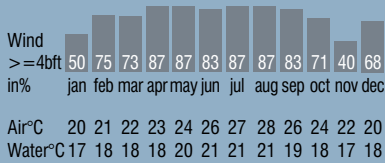
**Wind Direction:** Cross off-shore from left.

**Wind Type:** NE Tradewind.

**Shorebreak:** Occasional.

**Water Conditions:** Flatwater, some windchop. Swell and waves further out.

**Suitability:** All levels. Slalom/Speed. Wavesailing on the outside. Beginners.



## FANATIC BOARDERS CENTRE

Approx 150m from Las Cucharas Beach. Gently shelving, protected, beginner's area with some windshadow. Resting/viewing platform & beachguards. Use of shower. Snack bar & surf shop next door. Assistance rigging & carrying. Rescue, repair shop & storage. Kit Range: 2010 Fanatic & Neil Pryde approx 45 boards and 70 rigs. Neil Pryde sails, size 1.5-7.2m<sup>2</sup>. Kids/Junior boards/rigs.

**Board Hire** 1 wk £165 2 wks £259

**Surfing:** Intro sessions 2-6 hrs, 3 / 5 /10 day courses. Surf Trip to local spots. Kid's courses & boards from 6yrs+. Rental: Joyas, NSP, BIC, Tuff.lite & Surftech. Approx 40 boards.

(\*rental for beg/int level. Adv boards POA.)

**Board Hire\*** 1 wk £80 2 wks £135

**Instruction:** All levels. VDWS - children (windsurf min. 8 years / kite min. 50kg), beginners, refresher, technique specifics, private. Certificates charged locally.

**Other Sports:** SUP, Trekking, Kayak, Mountain biking, Golf, Diving. Free body boards.

**Excursions:** Local market, bars & restaurants in Costa Teguiise. Timanfaya National Park, The Chinijo Marine Reserve, Cesar Manrique museum. The Green Caves, Water parks & many other attractions.



## Hotel Gran Meliá Salinas



**Location:** Approximately 20 minutes from Arrecife airport on the north east coast near the centre of Teguiise. Beach front location.

**Accommodation:** 253 air conditioned rooms and 10 villas. The Double Rooms with kingsize or twin



beds, ensuite bathroom with TV, telephone, mini bar, safe & 24hr room service. Connecting rooms are available on request. Spacious Junior Suites, 1 Bedroom Suites, Garden Villas and Presidential Suite, with private pools and exclusive service.

**Facilities:** 3 restaurants with various dining options, snack bar & lounge/cocktail bar. Sports facilities including fully equipped gym and a spa and wellness center. A lagoon-shaped, seawater pool on the beach. Outdoor swimming pool, solarium, sauna, gym & tennis courts. Activities such as mini golf, billiards and tennis. On-site hairdresser and beauty center, shopping gallery, laundry services, internet access and Wi-Fi in certain areas. Mini club (5-12 yrs) & babysitting services are available. Shops, bars and restaurants a short walk.

**Windsurfing/Surfing:** 5-10 minute walk to the Fanatic Boarders & Surf Centre.

## Occidental Grand Teguiise Playa Hotel



**Location:** Approximately 20 minutes from the airport on El Jablillo beach. This hotel is set around a magnificent atrium, full of tropical plants

**Accommodation:** The hotel offers 314 comfortable rooms with terrace and ocean views. All rooms are nicely decorated and equipped with bath/WC, hair dryer, phone, air conditioning, satellite TV, minibar and safe deposit box.

**Facilities:** It offers two freeform, seawater swimming pools, a freshwater children's pool, spa area with sauna, jacuzzi and gym. Two restaurants and bars, shops, hairdresser, internet terminal, various sports activities and



a comprehensive animation and entertainment programme. For children there is a miniclub. WiFi (at extra charge) is available in the lobby and at Los Alisios Bar. All meals are served in buffet-style. An all inclusive option is available.

**Windsurfing/Surfing:** The Fanatic Centre is just a 10 minute walk.



### Sailing Spot & Conditions

The beach of Las Cucharas is situated centrally in Costa Teguisse. The conditions are fantastic which is why the PWA hold their world cup freestyle event here every year. The steady trade winds blow side/side off shore from the left and are most consistent during the summer (April-September), blowing regularly from 4-6bft. During the winter the wind is more changeable and can vary in speed depending on the prevailing conditions. The swell comes in at this time and transforms the various spots around the island. The bay is sheltered so ideal for beginners. Outside the bay there is flat water and a reef delivering rolling swells from 0.5-3m. With plenty of space to exit safely this is an ideal for improving jumping and wave riding.



### Les Alizés du Sahara



**Location:** Located 2 minutes from shops, restaurants and the beach and around 20 minutes drive from the airport.

**Accommodation:** The Alizés du Sahara is a smart, self-catering apartment complex. The complex houses two 2-bedroom apartments, one 3-bedroom apartment and also a one 1-bedroom apartment.

**Facilities:** All units have a large terrace with table and chairs and provide stunning views. The apartments are nicely furnished, very well equipped and have satellite TV. The kitchens are fully equipped with large fridge/freezer, full size cooker, microwave and washing machine. They feature modern bathrooms and spacious living room areas. With it's great location it is also perfect for families or groups.

**Windsurfing/Surfing:** Next door the FBC Lanzarote centre.



Prices (7 nights) from:	Low	High
Hotel Gran Meliá Salinas	£819	£1189
Occidental Grand Teguisse	£669	£1200
Les Alizés du Sahara	£489	£929

Price includes return flights, accommodation & transfers.



### Surfing Selection

Surfing is now offered in a variety of destinations. Reputable and established centres offer good quality rental equipment suitable for beginners, advanced and children. Flexible coaching packages are available, to fit in with other sports. Experienced and qualified instructors ensure progress, fun and above all safety.

#### Destinations:

Club Mistral Centres offer rental packages from 3-14 days and Instructional at all levels Children from 12yrs.

Barbados – November-April.

Cabarete – All year.

Cape Verdes - All year (except Sept).

Morocco - All year.

Mauritius - All year (bookable in resort).

Rental	3 days	4 days	5 days	1 wk	2 wks
Full days	£46	£59	£73	£87	£164
Half days	£33	£44	£55	£64	£119
Courses					
Beginner	2 hours		£32		
Intermediate	6 hours		£87		
Advanced	10 hours		£132		
Private	Per hour		£37		



**Fanatic The Boarders Centres** offer surfing rental all year offer in: Corralejo, Fuerteventura, Essauira, Lanzarote\* & St Martin. From 2 hr sessions to 2 wk rental & courses. Multi-activity packages available with windsurfing, kitesurfing, kayaking & horseriding.

(\*See P63 for instruction rates.)

Lanzarote Rental	1 day	3 days	1 wk	2 wks
Beginner/NSP	£14	£37	£81	£137
Joyas/Surftch	£19	£49	£109	£182

