

kos-kefalos

The island of Kos lies in the Aegean sea, to the north of Rhodes and close to the Turkish mainland. Famous as the birthplace of Hippocrates, the father of medicine, the island is scattered with remarkable archaeological sites, beautiful Byzantine churches and important monuments from its past. Egyptians, Romans, Venetians, Turks and now Greeks, feature in this island's varied history and have all influenced its unique culture. Kefalos is 15km west from the airport. It is a pretty hill village overlooking the stunning beach in the bay with many traditional tavernas, hotels and bars. Less mountainous than many Greek islands, it's fertile hills are dotted with whitewashed windmills.

Fact File

Best Time: June to September

Launch: Sandy beach, shelving quickly into deeper water.

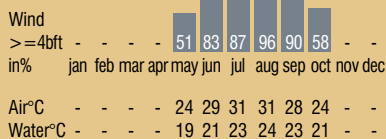
Wind Direction: Cross offshore from the right.

Wind Type: Meltemi, light in the mornings; midday strengthens due to thermals.

Shorebreak: None to slight shorebreak.

Water Conditions: Flatwater slalom blasting & wave sailing.

Suitability: Advanced.



KEFALOS WINDSURF CENTRE

Open May-Oct

Situated on large, open Kefalos Bay. All centres co-operate to maintain safety cover. Local wave spot Theologos on the west coast with up to 3m waves Kit Range: 2009/10 F2 approx 60 Boards & 2010 80 Rigs. North sails 3.7-8.1m². Beginners/ Kids/Junior boards/rigs.

Speed challenge – winner gets free 2 wk hire next season.

Board Hire	1 wk approx	£179
	2 wks approx	£299

Instruction: Windsurfing - all levels (RYA). Groups, Private, Semi-Private. Children 7-12 yrs.

Other Sports: Snorkelling, Volleyball, Sailing, Horse riding, Cycling, Tennis.

Excursions: Deserted beaches, Nightlife – Kardemena, Kos Town



The Spot & Sailing Conditions

The Meltemi wind blows all summer long and is light in the morning, around F2-3, when beginners are well catered for. By midday the wind increases to F4 and the waves start to swell, giving perfect bump and jump conditions. In the afternoon the wind strengthens up due to thermals and blows cross offshore from the right, perfect for slalom sailing on flatwater; building to Force 4 - 6 by mid/ late afternoon. The long, golden sandy beach, shelves steeply to the flat water bay, with more advanced sailors enjoying the constant wind a few hundred meters out from the beach.



Dionisia Studios



Location: Peaceful location with superb views. 5 minutes walk to Kefalos Bay and local shops are 100m away. Kos airport 15 minutes drive.



Accommodation: 8 comfortably furnished studios and apartments. The low rise studios offer simple cooking facilities with a twin room, shower, WC and small terrace. The one bedroom apartments can sleep up to 2 people and contain twin beds & put-up, shower kitchenette and a balcony.

Facilities: Cooking facilities include a hob but no oven and fridge.

Windsurfing: 250 metres from the windsurf centre.

Hotel Eleni



Location: Located on a side road in Kefalos and 100 meters from the beachfront. 15-20 minutes drive from Kos airport.

Accommodation: Typical, small welcoming Greek hotel. 35 comfortable, simply furnished rooms with shower/WC and balcony or terrace with inland or sea views.



Facilities: Swimming pool, kid's pool, snack bar, a bar, kitchenette and sun terrace.

Windsurfing: 400m to Kefalos Windsurf Centre, restaurants and bars.



Prices (7 nights) from:	Low	High
Dionisia Studios	£399	£689
Hotel Eleni	£449	£629

Price includes return flights, accommodation & transfers.