

palekastro-crete

Crete is the fourth largest island in the Mediterranean. At over 300km long its' landscapes are diverse with snow covered mountains and huge gorges, flat fertile plains and golden beaches. Crete's ancient history is formidable being home to King Minos, Theseus and the Minotaur, Daedalus and Icarus to name but a few. It's array of ruins is outstanding and include the Palace of Knossos in the middle of Crete. Palekastro is a small village which has maintained its' charm and a much slower pace than western Crete. The village has many tavernas and cafes on the main square are a must after a day on the water.

The Spot & Sailing Conditions

The centre is in the middle of the 2km long Kouremenos beach and is a 20 minute stroll through the olive groves to Palekastro village. The 'Meltemi' increases its power through the local thermal and the funnelling effect gives an additional 2 Beaufort. The average wind strength is 4 to 7 beaufort with most used sail sizes of between 4.5 and 5.3. The bay offers perfect flat-water conditions near the shore. It is an ideal location to practise gybes and freestyle moves on the small waves found on the outside. There is a safety tower and rescue boat available.



Kastri Apartments



Location: Located just 600 metres from the beach on the slope of the hill with spectacular views over Kouremenos Bay. Airport 2.5 hours away. 2kms from Palekastro village.

Accommodation: The complex is comprised of 14 spacious apartments and 15 studios



catering for 4 to 5 people and smaller studios catering for 2 to 4 people All contain TV, kitchenette and ensuite bathroom including shower/WC. Some rooms have air conditioning.

Facilities: Large swimming pool, bar and restaurant. Tavernas nearby at Kouremenos beach. Palekastro village approximately 700 metres away.

Windsurfing: Windsurf centre 600m.

Glaros Apartments



Location: Approximately 2.7kms from Palekastro village and positioned right on the beach in garden setting. Airport 2.5 hours drive.

Accommodation: The complex consists of 12 air conditioned studios and apartments. The studios are equipped with bed/living area, 1 double or 2 single beds, kitchenette, WC/shower and veranda. The 6 apartments can sleep between 2-4 people with a separate bedroom, living area/kitchenette, WC/shower and a veranda.

Facilities: There is a small traditional taverna in the complex other amenities can be found in Palekastro village.

Windsurfing: These apartments are in the closest location to the beach of Kouremenos and the windsurf centre.



Prices (7 nights) from:	Low	High
Kastri Apartments	£549	£809
Glaros Apartments	£559	£769

Price includes return flights, accommodation & car hire.



Fact File

Best Time: June to September.

Launch: Sandy beach, shelving slowly.

Wind Direction: Cross shore from left.

Wind Type: Meltemi accelerated by local thermal.

Shorebreak: None to slight shorebreak.

Water Conditions: Flatwater perfect for slalom and freestyle.

Suitability: All levels.

Wind	jan	feb	mar	apr	may	jun	jul	aug	sep	oct	nov	dec
>=4bft	-	-	-	65	44	55	67	70	71	50	-	-
in%	-	-	-	-	-	-	-	-	-	-	-	-

Air°C	-	-	-	19	20	24	26	26	25	23	-	-
Water°C	-	-	-	18	19	21	23	25	24	22	-	-

FREAK SURF CENTRE Open

Located on enclosed Kouremenos Bay. Shower, loungers. Beach slight wind shadow. Location of European Freestyle Championship event 2009. Kit Range: 2009/10 approx. 80 JP boards & 120 Neil Pryde rigs. Sail sizes 3.3-7.7m².

Board Hire 1 wk £218 2 wks £345

Instruction: All levels. Groups, private. VDWS instructor. Video analysis.

Other Sports: Cycling. Volleyball. Walking to local gorges.

Excursions: Palm beach at Via, historical sites, Chrissy Island. Beach party/BBQ. Nightlife in Sitia 20 km.

