

# barbados

The most easterly of the Caribbean Islands, Barbados is regarded as the gateway to the West Indies. Its British colonial past is visible in the plantation houses around the island. Now locals have given their own special twist to British traditions by adapting them with their Caribbean pace of life. This is the pure Caribbean, with white beaches, turquoise water, wind and waves, a vibrating night life, reggae and fun-loving locals. Silver Sands at Christchurch is on the southern tip of the island. The windsurfing conditions are second to none, offering perfect waves for novices and experts alike. With its numerous different spots, warm water, and idyllic beaches, Barbados is the perfect choice.

## Sailing Spot & Conditions

Silver Sands is one of the best spots for wave sailing. There are no limits to your sailing here with perfect conditions for both classic wave riding and for new moves. A 1-2 meters deep reef 250 meters from the shore creates a clean wave for riding downwind. The wind varies between a constant cross-offshore or cross-onshore trade wind, which usually levels off between 15 to 25 knots in the peak season, between December and March. A long established windsurfing spot it is now popular for kitesurfers too. Perfect for wave novices and ambitious surfers, wind and kitesurfers. However, on most days the spot is unsuitable for windsurfing beginners or slalom riders.

## Silver Sands Resort



**Location:** On the southern tip of the island right on the beach and set amongst extensive gardens. Approximately 15 minutes drive from the airport and 30 minutes from Bridgetown.



**Accommodation:** 130 well appointed, air conditioned rooms all equipped with private bathroom, cable TV (for a fee), phone and balcony or terrace overlooking the sea or garden. Garden Studios have the same facilities plus a fully equipped kitchenette. The Ocean Front Studios uninterrupted sea views. Suites offer the same accommodation as the Studios but are more spacious with a separate bedroom, ideal for families. Deluxe Beach Front suites have direct beach access and an ocean view.

**Facilities:** The resort offers a large pool with separate children's pool, sun terraces, 2 tennis courts as well as a mini market, souvenir shop and scuba diving facilities. Two restaurants with a la carte available. Beach bar. Evening entertainment is provided several times a week. Self catering and all inclusive options.

**Windsurfing/Kitesurfing:** Club Mistral/Skyriders centre located next to the hotel.

## Inchcape Villas



**Location:** Approximately 15 minutes from the airport located directly overlooking western end of Silver Sands reef, surrounded by colourful tropical gardens.

**Accommodation:** Elegantly designed Beach Villas with magnificent sea views several of which were originally holiday retreats for wealthy plantation owners. Three spacious, two bedroom/two bath apartments have direct beach frontage. A daily maid service is included. The luxuriously appointed Seaside Cottages are split level one-bedroom units. In addition the Tower Apartments, the Gatehouse Studios and the Garden Apartments complete the one bedroom apartment range. All apartments offer satellite TV, stereo, direct phone, safe and well-equipped kitchens. One bedroom apartments are self-catering with linen/towel change every 3-4 days. Internet access available.

**Windsurfing/Kitesurfing:** A short walk to Club Mistral/Skyriders Silver Sands plus superb surfing and snorkelling close by.



Prices (7 nights) from:	Low	High
Silver Sands Resort	£879	£1189
Inchcape Villas	£839	£1119

Price includes return flights, accommodation & transfers.



## Fact File

**Best Time:** December - March.

**Launch:** Sand beach shelving slowly into deep water.

**Wind Direction:** Cross shore from left.

**Wind Type:** Northly Tradewind.

**Shorebreak:** Moderate shorebreak.

**Water Conditions:** Whitewater in shore with breaking wave on reef.

**Suitability:** Good intermediate/advanced +.



Air°C	29	30	30	30	-	-	-	-	-	30	30	30
Water°C	25	25	26	26	-	-	-	-	-	28	25	25

## CLUB MISTRAL

On Silver Sands beach. White water slalom area for 300m before breaking wave. Break with 4 separate zones giving waves on outside of 1-3m. Kit Range: Mistral/Fanatic 2009/10 approx 30 boards, 50 rigs – North sails sizes 4.0-6.3 m<sup>2</sup>. High performance wave equipment.

**Board Hire** 1 wk £179 2 wks £299

**SKYRIDERS** Silver Rock Beach - wide sandy beach, cross shore from left. Long Beach - unobstructed beach 2kms long. Kite Riding Area: Silver Rock Beach, upwind of windsurf zone can become crowded outside reefbreak. Long Beach: No outside reef for long reaches. Kites range: North Kiteboarding - approx 8 Boards & 15 kites 3.0-16 m<sup>2</sup>.

**Kite Hire** 1 wk £199 2 wks £319

**Instruction:** Windsurf – only private lessons, no beginners (minimum level waterstart). Kitesurf – all levels at neighboring beach, Silver Rock.

**Other Sports:** Diving, Surfing, Sailing, Cycling, Horse riding, Tennis, Golf.

**Excursions:** Shopping in Bridgetown, jeep safaris, local market, bars & restaurants.

